



DC Office on Aging (DCOA) – BYO

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<http://dcoa.dc.gov/>

Central Purpose

The mission of the District of Columbia Office on Aging (DCOA) is to advocate, plan, implement, and monitor programs in health, education, employment, and social services which promote longevity, independence, dignity, and choice for older District residents (age 60 plus), persons living with disabilities (age 18 to 59), and their caregivers.

Key Facts

- DCOA works with a network of 24 community-based education, government and private organizations that operate more than 35 programs citywide. DCOA connects residents with programs and services through the Aging and Disability Resource Center (ADRC), including both a centralized ADRC located at DCOA and eight decentralized Ward based ADRC sites operated by Lead Agencies. Together the centralized and decentralized ADRC sites provide a single, coordinated system of information and access for individuals seeking long-term services and supports. This is accomplished through the provision of unbiased, reliable information, counseling, and services adults.
- The ADRC facilitates the acquisition of services individualized to the unique needs and desires expressed by each person. The ADRC strives to empower individuals to effectively navigate their health and other long-term support options by: serving as visible and trusted sources of information on the full range of long-term care options; providing personalized and objective advice and assistance to empower people to make decisions about their long-term care options; coordinating and streamlining access to all publicly-funded long-term care programs through a single intake, assessment and eligibility determination process;

and helping people transition from hospitals and other institutional settings into the community.

Goals/Performance Measures

- DCOA will provide robust outreach efforts and disseminate additional information in order to bring greater awareness of services for older adults and persons living with disabilities, and better serve and attract the underserved population through the expansion and development of new services and campaigns. Measures used to track progress towards this goal is the number of residents receiving information, referral and assistance through our centralized Aging and Disability Resource Center and the number of newly registered Smart911 residents.
- Continue to develop active and vibrant neighborhoods through new economic opportunities and partnerships that sustainably support a high quality of life for the District's older adults and persons living with disabilities. One measure used to track progress towards this goal is the percent decrease in food waste produced by meal programs at congregate meal sites.
- Continue to transition and divert vulnerable residents from nursing homes by providing aging and disability resources in every ward of the city. Measures used to track progress towards this goal is the number of residents transitioned out of nursing homes and the percent of recommended in-home modifications to prevent falls that were implemented.
- Enhance and maintain community living for older adults and persons living with disabilities through the execution of DCOA's 5-year strategic plan. Measures used to track progress towards this goal is number of

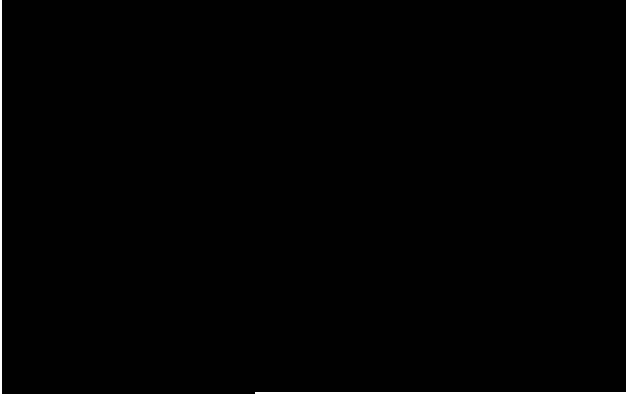
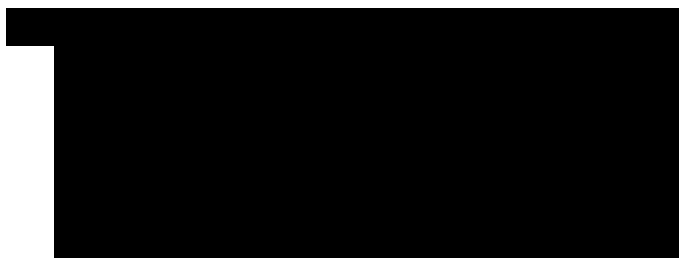
customers actively attending Senior Wellness Centers and the number of home delivered meals served on Saturdays.

- Transform the District of Columbia to an Age-Friendly City, an inclusive and accessible urban environment that encourages active and healthy aging for all residents, particularly seniors. DCOA recently applied to participate in a pilot study through the World Health Organization’s Kobe Centre in order to establish a set of core and supplementary indicators that assist in evaluating the progress of becoming an age-friendly city.

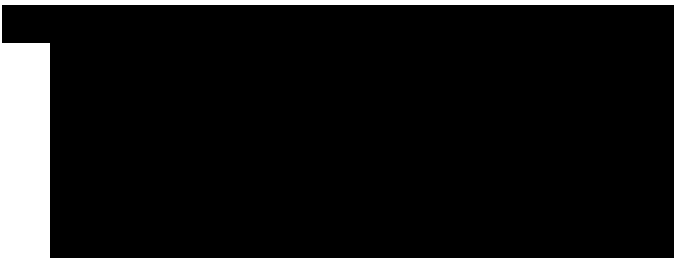
Programs/Services

- DCOA provides customer information, assistance, outreach, and employment/training services for District seniors, people living with disabilities, and caregivers so that they can be better informed about aging and disability issues, live a quality life, and maintain their independence.
- The agency also offers home health, adult day care, nutrition, case management, residential facilities, elder rights assistance, health promotion and wellness, counseling, legal, recreation, transportation, and caregiver services for District residents to allow older residents an opportunity to remain at home and in the community for as long as possible.
- The agency management gives administrative support and the required tools to achieve operations and programmatic results, which is standard for all agencies using performance-based budgeting.

First Quarter CY2015 Hot Button Issue(s)



- As of October 2014, DCOA and DHCF fully executed a Memorandum of Understanding (MOU) that transfers all programmatic responsibilities, staff, and funding of the Money Follows the Person Program, which is a federal demonstration project designed to help states reduce reliance on institutional based long-term care and increase options for the elderly and persons living with disabilities to receive care in the community. This project and MOU will continue until September 2015 when both agencies will meet to discuss the sustainability of the scope of services and funding.
- The DCOA Customer Code of Conduct is a resource to grantees to help communicate certain expectations of customers utilizing DCOA senior wellness center facilities, services, and programs. The purpose of the proposed DCOA Customer Code of Conduct is to ensure all senior wellness center programs and services are provided in a safe, healthy, inclusive, friendly, respectful, and productive environment for seniors and persons living with disabilities. The proposed DCOA Customer Code of Conduct also establishes clear processes for disciplinary action in the event violations occur.

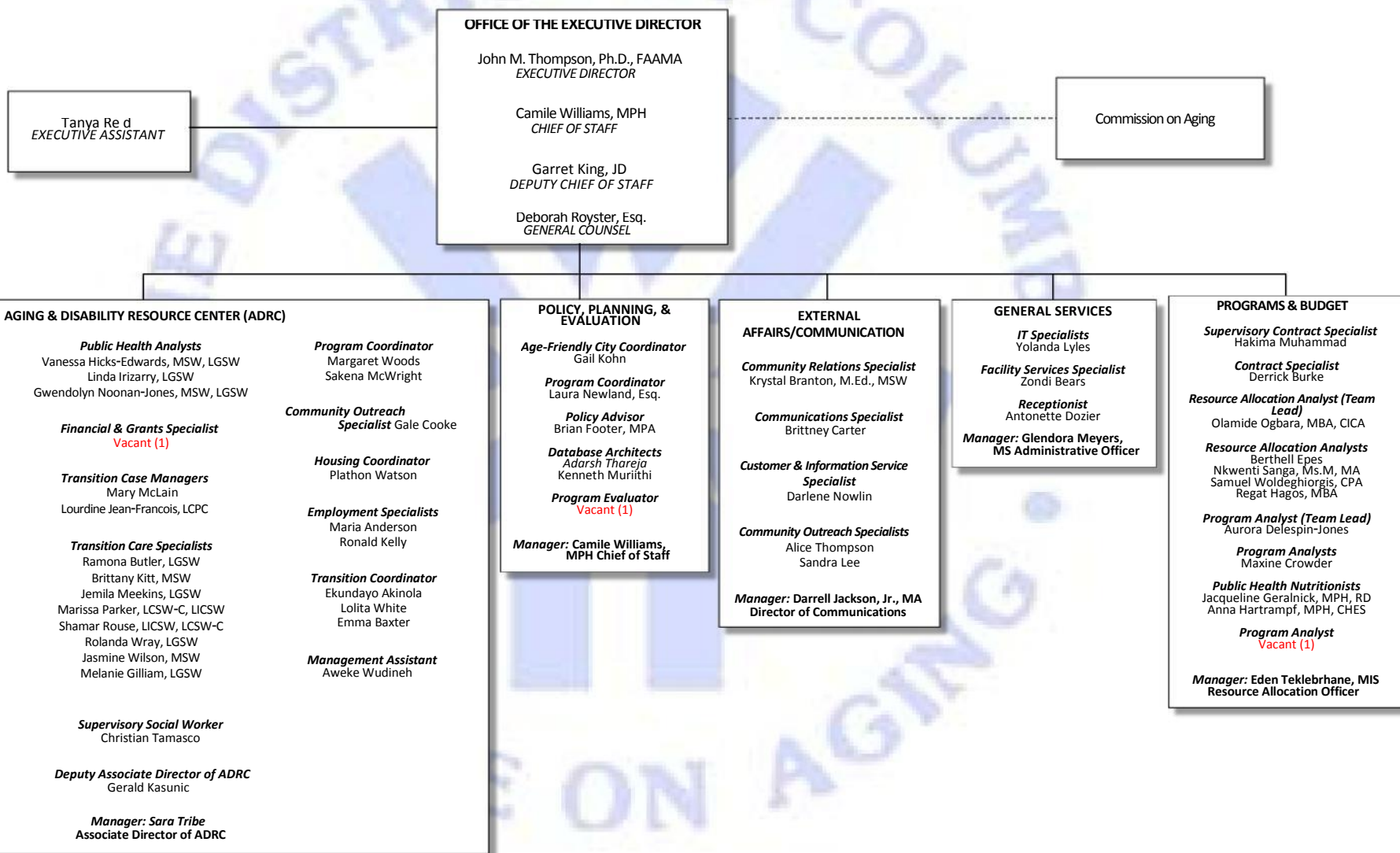




- DCOA has outgrown its headquarters located at 500 K Street, NE, and is looking for a new building. The agency started with 26 employees in 2011 and is now at 59 FTEs and growing. Many new responsibilities have been placed on the agency including the

adoption of programs from the Department of Health (DOH) and Department of Health Care Finance (DHCF), and our customer base has increased as well. From our conversations with the Department of General Services (DGS), DC Government doesn't have any buildings in its inventory to accommodate our agency's needs; therefore, renting is our only option at this point. The square footage required for 59 FTEs and to properly serve our unique population would approximately cost the agency \$1.2M in rent per year. We will continue to work with DGS to learn more about the options that DCOA may have, but additional funding will be needed for this move and our new headquarters.

DC OFFICE ON AGING ORGANIZATIONAL CHART



Boards and Commissions relevant to the agency (if any)

Board Name	Name of Chairperson	No. of Members
D.C. Commission on Aging	Romaine Thomas	16

Budget FY2015

Total Budget	\$ 43,267,382.78
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No. of Employees

Current No. of FTEs	59
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Union Representation

Union(s)	Union Representative	No. of Members
DC Office on Aging is a Non-Union Agency	N/A	N/A

Facility Location(s)

Facility Name / ID	Address	Zip Code	Ward	Main Phone No.
DC Office on Aging Headquarters	500 K Street, NE D.C.	20002	6	(202) 724-5622
Bernice Elizabeth Fonteneau	3531 Georgia Ave, NW D.C.	20010	1	(202) 727-0338
Hattie Holmes Senior Wellness Center	324 Kennedy Street, NW D.C.	20011	4	(202) 291-6170
Model Cities Senior Wellness Center	1901 Evarts Street, NE D.C.	20018	5	(202) 635-1900
East River Family Strengthening Collaborative Senior Wellness Center	3917 Minnesota Ave, NE D.C.	20019	7	(202) 534-4880
Congress Heights Senior Wellness Center	3500 Martin Luther King Jr. Ave, SE D.C.	20032	8	(202) 563-7225

Key Projects/Initiatives

Project/Initiative Name	Brief Description	Delivery Date
New IT Data System	DCOA is in the process of replacing the current information system with a more robust system that meets the demands of today's technological needs. This modernization effort will allow the agency to comply with the District's information technology standards as well as ensure correct, accurate, and secure collection and reporting of client data and financial information. Additionally, it will help paint a clear picture of the impact that DCOA services have on older residents.	March 2015
Age-Friendly DC	Is an international effort started by the World Health Organization (WHO) to respond to two significant demographics trends: urbanization and the world's population aging. DCOA along with sister agencies have worked with the community to coordinate resources and efforts to ensure all DC residents are active, connected, healthy, engaged and happy in their environment.	September 2017, and ongoing

Project/Initiative Name	Brief Description	Delivery Date
Intergovernmental Partnerships	Expand DCOA's partnerships with District of Columbia Public Library (DCPL) to coordinate services to residents on DCOA's home delivered meals program; Metropolitan Police Department (MPD) and D.C. Fire and Emergency Medical Services Department (FEMS) to improve referrals and coordination of services for senior residents and their caregivers; and Office of Unified Communications in order to educate more seniors in each ward on the importance of setting up a Smart911 safety profile.	Sept 30, 2015
"What-A-Waste"	Fully implement "What-A-Waste," a pilot program with the National Foundation to End Senior Hunger, to measure, reduce, and reuse the food waste from congregate meals sites and turn it into compost. Goal – reduce annual waste at Senior Wellness Centers by 20 percent.	Sept 30, 2015
Alzheimer's Disease Grant	Continue to implement the District's first Alzheimer's disease State Plan. The agency will work with community partners to increase access to home and community-based services and supports for individuals with ADRD living alone through the new "Alzheimer's Disease Initiative" federal grant awarded to DCOA in October 2014. The agency plans on implementing four new programs in collaboration with community partners.	Sept 30, 2015, and ongoing
Club Memory	<p>DCOA has partnered with Sibley Hospital to establish the Club Memory Program on the East End of the City. Club Memory is a stigma-free social club for people with early-stage Alzheimer's, Mild Cognitive Impairment or other forms of dementia, and their spouses, partners and caregivers.</p> <p>At Club Memory, conversation, camaraderie and even laughter among peers who truly understand each other open the doorway to living life to its fullest in the face of a dementia diagnosis. In addition to the twice monthly meetings, social and cultural events are coordinated for Club Memory members as an optional weekly outing. Events have included lunching at local restaurants like the Irish Inn at Glen Echo, touring local museums such as the Hillwood and the Kreeger, going on tours to the D.C. Botanic Gardens and Lincoln's Cottage and the National Arboretum. Club Memory also offers a support group for people with a diagnosis of dementia. On September 30, 2014, DCOA launched Club Memory at the Congress Heights Senior Wellness Center in Ward 8.</p>	September 2015
Veterans- Directed Home and Community Based Services	Coordinate with community partners and the federal government to expand access to the Veterans Directed Home and Community Based Services (VD-HCBS) program and to ensure a more efficient delivery of services.	Sept 30, 2015, and ongoing
First Responders Training	In partnership with the District of Columbia Department of Health (DOH) DCOA is working to train volunteers from the eight wards in supporting DC government's First Responders in a catastrophic or disaster event in the District. The purpose of the training is to provide potential DCOA First Responders on the DCOA's role in emergencies and how first responder volunteers can assist us.	September 2015

Capital Program(s)

Project Name	Budget ID	Funding Source	Project Budget	Current Balance	Delivery Date
Renovation for Washington Center for Aging Services Renovation	EA337C -01	0300	\$ 344,641.76	\$ 0.00	September 2014
Renovation for Washington Center for Aging Services	EA337C -03	0300	\$ 120,835.86	\$ 0.00	Initiated in September 2005 and ongoing
Renovation for Washington Center for Aging Services	EA337C -04	0300	\$ 2,765,568.00	\$ 685,021.88	January 2015

Important/Significant Dates

Event	Brief Description	Delivery Date
Centenarian Salute	Mayor and other officials recognize and honor the city's oldest residents with a commemorative medallion at a special ceremony. Entertainment and lunch are provided for centenarians and their guests. This is an invitation only event and opened to the media.	April 2015
Annual Senior Symposium	Held during Older Americans Month this is an annual event seniors, providers, community stakeholders and caregivers. The symposium includes an opening plenary session followed by workshops on a variety of topics relevant to seniors in the District including healthcare, abuse and exploitation, housing, caregiver support, options counseling, long term care planning, etc. This event is free. A continental breakfast and lunch is provided. We are expecting 1,000 attendees and it's opened to the media.	May 2015
Senior Picnic	This is an annual event hosted by the DC Department of Parks and Recreation (DPR) in partnership with the DC Office on Aging. The event is held in a city park. Seniors are treated to a day of entertainment, lunch, information on programs and services, outdoor games, bingo and dancing.	June 2015
Ms. Senior DC Pageant	This is an annual pageant in partnership with the DC Cameo Club and Family Matters of Greater Washington in which senior women from around the city compete for the title of Ms. Senior DC. The winner will compete in the Ms. Senior America National Pageant representing DC in Atlantic City.	June 2015
Generations Community Festival	This event celebrates District's seniors, and provides a platform for residents to be empowered and showcase their talents, hobbies, advertise their businesses, receive vital information, participate in social activities, and enjoy planned activities.	September 2015

Key Contracts

Project Name	Vendor Name	Total Contract Value	Contract Term
Preparation and Delivery of Nutritious Meals for Elderly-Congregate/Frail Homebound	Dutch Mill Catering	\$ 2,617,409.63	September 2014 to August 2015
Preparation and Delivery of Nutritious Meals for Elderly-Congregate/Frail Homebound	Catholic Charities	\$ 2,321,191.53	September 2014 to August 2015
Preparation and Delivery of Nutritious Meals for Elderly-Congregate/Frail Homebound	Mom's Meals	\$ 2,024,940.00	September 2014 to August 2015
Food Waste Program	National Foundation to End Senior Hunger	\$ 100,000.00	October 2014 to September 2015
DCOA New Enterprise System	Global Vision Technologies	\$ 307,804.00	October 2014 to September 2015
Beacon Newspaper	Beacon Newspaper	\$96,000.00	October 2014 to September 2015
Current Newspaper	Current Newspaper	\$51,624.00	October 2014 to September 2015
OST Inc.	IT project Managers	\$171,642.24	October 2014 to March 2015

Grantees

Project Name	Grantee Name	Total Grantee Value	Notice of Grant Award
Grantees	Terrific Inc. Ward 1	\$938,961.00	October 2014 to September 2015
Grantees	Terrific Inc. Ward 2	\$1,164,945.00	October 2014 to September 2015
Grantees	Iona Senior Services Ward 3	\$1,325,455.00	October 2014 to September 2015
Grantees	Terrific Inc. Ward 4	\$884,701.00	October 2014 to September 2015
Grantees	Seabury Resources for the Aging Ward 5	\$1,272,955.00	October 2014 to September 2015
Grantees	Seabury Resources for the Aging Ward 6	\$792,730.00	October 2014 to September 2015
Grantees	East River Family Strengthening Collaborative Ward 7	\$1,275,808.00	October 2014 to September 2015

Project Name	Grantee Name	Total Grantee Value	Notice of Grant Award
Grantees	Family Matters – Senior Services Ward 8	\$847,443.00	October 2014 to September 2015
Grantees	Bernice Fontaneau – Mary Center Inc.	\$569,589.00	October 2014 to September 2015
Grantees	Hattie Holmes – Vida Senior Services	\$545,587.00	October 2014 to September 2015
Grantees	Model Cities – Providence Health Foundation	\$619,622.00	October 2014 to September 2015
Grantees	Hayes – Howard University	\$512,607.00	October 2014 to September 2015
Grantees	Washington – East River FSC	\$611,229.00	October 2014 to September 2015
Grantees	Congress Heights – Providence Health Foundation	\$553,918.00	October 2014 to September 2015
Grantees	East River Strengthening Family Collaborative –Weekend Nutrition	\$86,120.00	October 2014 to September 2015
Grantees	Seabury Resources for Aging –WEHTS Program	\$6,087,760.00	October 2014 to September 2015
Grantees	Seabury Resources for Aging –Home First Residence/AIP	\$437,535.00	October 2014 to September 2015
Grantees	Family Matters – Senior Works	\$142,457.00	October 2014 to September 2015
Grantees	Family Matters – Golden Washingtonian Program	\$140,427.00	October 2014 to September 2015
Grantees	First Baptist –Senior Center	\$227,301.00	October 2014 to September 2015
Grantees	George Washington University - HICAP	\$226,978.00	October 2014 to September 2015
Grantees	Home Care Partners	\$2,456,061.00	October 2014 to September 2015
Grantees	Howard University School of Social Works	\$115,000.00	October 2014 to September 2015
Grantees	Legal Counsel for the Elderly	\$1,308,541.00	October 2014 to September 2015
Grantees	SOME – Caregivers Program	\$117,474.00	October 2014 to September 2015
Grantees	SOME – Senior Center	\$130,404.00	October 2014 to September 2015
Grantees	SOME – Kuehner Place (Shelter for Abused Elderly)	\$297,318.00	October 2014 to September 2015
Grantees	The Downtown Cluster – Geriatric Day Care Center	\$706,267.00	October 2014 to September 2015
Grantees	University of the District of Columbia	\$150,000.00	October 2014 to September 2015

Project Name	Grantee Name	Total Grantee Value	Notice of Grant Award
Grantees	VIDA – Senior Center	\$388,454.00	October 2014 to September 2015
Grantees	Washington DC Jewish Community Center	\$57,454.00	October 2014 to September 2015
Grantees	Zion Baptist Enterprise	\$440,752.00	October 2014 to September 2015
Grantees	Capital Area Food Bank	\$918,000.00	October 2014 to September 2015

Key Agreement(s) / Memorandum(s) of Understanding

Project Name	Brief Description	Agreement Term
Revenue MOU (Seller)		
Aging Disability Resource Center	ADRC will provide services to include; but, not limited to, referrals, screenings, Medicaid eligibility assistance, and options counseling programs for District residents who are physically disabled or elderly and in need of long-term or chronic care.	October 2014 to September 2015
Senior Visually and Hearing Impaired Program	Provide a nutritious lunch, Independent living skills training, Braille, American Sign Language, and other communication skills training, music, therapy, arts & crafts, recreational trips, counseling, case management, and transportation to and from the facility etc.	October 2014 to September 2015
DC Long Term Ombudsman Program	DC Long Term Ombudsman Services (Support the intake of complaints relating to quality of care).	October 2014 to September 2015
Money Follows the Person	Money Follows the Person: To improve the quality of life of institutionalized District residents who have a need and desire to move into the community with home and community-based supports and services.	October 2014 to September 2015
Expense MOU (Buyer)		
Personnel Services - DCHR	D.C. Department of Human Services will provide DCOA with a personnel and Human Resource related support services.	October 2014 to September 2015
Senior Picnic	DCOA shall partner with DPR to provide staffing assistance and financial support for the Mayor’s Annual Citywide Senior Picnic.	October 2014 to September 2015
Financial Services - OFRM	Financial Services for DCOA	October 2014 to September 2015
Communications	Radio System for Seabury transportation	October 2014 to September 2015
Ms. Senior Pageant	Senior Pageant	October 2014 to September 2015
IT ServUs and Server Ops	IT Services	October 2014 to September 2015
Fleet Maintenance	Fleet Maintenance	October 2014 to September 2015

Grant(s) Awarded (or Pending Award) to Agency

Grant Name	Name of Grantor	Total Grant Amount	Current Grant Balance	Grant Expiration
Medicare Improvements Patients & Providers	Administration for Community Living	\$ 6,052.00	\$ 6,052.00	September 2015
Medicare Improvements Patients & Providers	Administration for Community Living	\$11,083.00	\$11,083.00	September 2015
Medicare Improvements Patients & Providers	Administration for Community Living	\$5,839.00	\$5,839.00	September 2015
Strengthening DCOA / ADRC	Administration for Community Living	\$584,252.00	\$436,013.00	September 2015
DC Lifespan Respite	Administration for Community Living	\$248,332.84	\$200,552.00	January 2015
Alzheimer's Disease Initiative	Administration for Community Living	\$992,742.00	\$992,742.00	September 2017
Options Counseling and Assistance Program	Administration for Community Living	\$500,000.00	\$285,605.72	September 2015
Supportive Services	Administration for Community Living	\$1,823,323.00	\$1,823,323.00	September 2015
Congregate Meals	Administration for Community Living	\$2,151,746.02	\$2,151,746.02	September 2015
Home-Delivered Meals	Administration for Community Living	\$1,077,496.00	\$1,077,496.00	September 2015
Preventive Health	Administration for Community Living	\$104,920.00	\$104,920.00	September 2015
NFCSP	Administration for Community Living	\$692,950.00	\$692,950.00	September 2015
Nutrition Services Incentive Program	Administration for Community Living	\$300,326.00	\$300,326.00	September 2015
Elder Abuse Prevention	Administration for Community Living	\$25,500.00	\$25,500.00	September 2015
Ombudsman	Administration for Community Living	\$83,294.00	\$83,294.00	September 2015
State Health Insurance Assistance Program	Administration for Community Living	\$161,893.00	\$161,893.00	March 2015
Caregivers Respite Escort	Metropolitan Council of Governments	\$215,819.00	\$215,819.00	September 2015
Senior's Farmers Market	U.S. Department of Agriculture	\$145,631.00	\$145,631.00	September 2015
Commodity Supplemental Food Program	U.S. Department of Agriculture	\$466,905.00	\$466,905.00	September 2015

Active Litigation(s)

Project Name	Brief Description
[REDACTED]	[REDACTED]
[REDACTED]	[REDACTED]
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Consent Decree(s)

Project Name	Brief Description	Agreement Term
N/A		